

# PATIENT INFORMATION FORM

PI	ACUPUNCTURE	CASH	WC	PT	CHIROPRACTIC
Referring Doctor _____			Treating Doctor _____		

First Name \_\_\_\_\_ M.I. \_\_\_\_ Last Name \_\_\_\_\_

Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_ SS# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Male \_\_\_\_ Female \_\_\_\_

Marital Status \_\_\_\_\_ Spouse Name \_\_\_\_\_ DL#/STATE \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Home Phone \_\_\_\_\_ Wk Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_ Circle Best Contact Phone Number: Home Work Cell

Email \_\_\_\_\_ Employer \_\_\_\_\_

Referred By \_\_\_\_\_ Primary Doctor \_\_\_\_\_

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Primary Insurance Co. Name & ID \_\_\_\_\_

Secondary/ Other Insurance Co. \_\_\_\_\_

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I understand and agree that health and accident insurance policies are an agreement between and insurance carrier and me. I authorize payment from my insurance carrier directly to this office with the understanding that all monies be credited to my account upon receipt. I clearly understand and agree that all services rendered are charged directly to me and that I am personally responsible for payment. I understand that if I suspend or terminate my care and treatment, all fees for professional services rendered me will be immediately due and payable. In the event of my default, I promise to pay legal interest on the indebtedness together with such collection costs and reasonable attorney fees as may be required to effect collection. I also authorize the release of any medical or other information necessary to process this claim.

**If the insurance company pays me directly I will bring the payment for the treatments along with an explanation of benefit endorsed by my signature to this office promptly.**

Patient Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

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**I hereby request and consent to physical therapy and/or chiropractic and/or acupuncture treatment** for me (or my legal charge) provided by the providers at Back To Wellness. I do not expect the provider to be able to anticipate and explain all known risks and complications, and I wish to rely on the provider to exercise judgment during the course of the procedure, which, the provider determines is in my best interest. I understand that there are some risks to treatment, including but not limited to, fractures, disc injuries, strokes, dislocations, and sprains. I may request another person of my choice to be present in the treatment room during treatment.

Patient Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

# New Patient Intake Form

Today's Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Have you had Acupuncture Before?  Yes  No

Herbal Medicine?  Yes  No

Reason for Visit Today \_\_\_\_\_

How long have you had this condition? \_\_\_\_\_ Is it getting worse?  Yes  No

Does it bother your  Sleep  Work  Other (what?) \_\_\_\_\_

What seemed to be the initial cause? \_\_\_\_\_

What seems to make it better? \_\_\_\_\_

What seems to make it worse? \_\_\_\_\_

Are you under the care of a physician now?  Yes  No If yes for what? \_\_\_\_\_

Who is your physician? \_\_\_\_\_ Physician's phone \_\_\_\_\_

Other concurrent therapies \_\_\_\_\_

Pharmaceuticals taken past 2 months \_\_\_\_\_

Other Supplements taken past 2 months \_\_\_\_\_

## Family Medical History

Allergies \_\_\_\_\_  
 Cancer \_\_\_\_\_

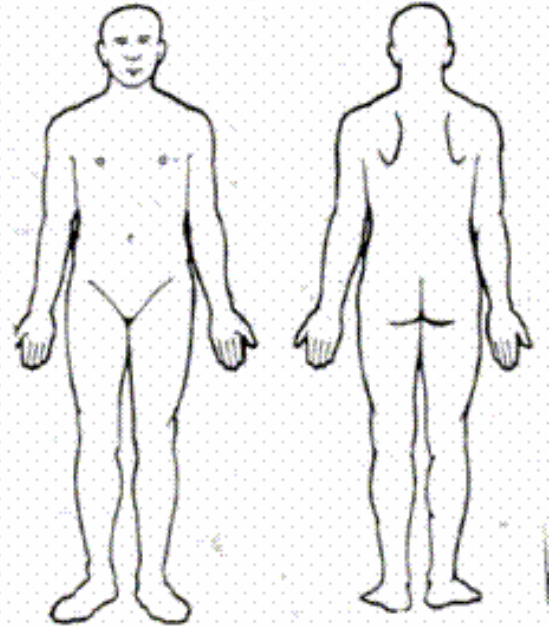
Diabetes \_\_\_\_\_  
 Heart disease \_\_\_\_\_  
 High blood pressure \_\_\_\_\_  
 Seizures \_\_\_\_\_  
 Stroke \_\_\_\_\_

## Your Past Medical History

(Check any of the following conditions you currently have, or have had in the past. Please also check if you feel any of the following are a significant part of your medical history)

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> AIDS/HIV               | <input type="checkbox"/> Diabetes         | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Tuberculosis           | <input type="checkbox"/> Alcoholism       | <input type="checkbox"/> Emphysema          |
| <input type="checkbox"/> Measles                | <input type="checkbox"/> Mumps            | <input type="checkbox"/> Typhoid Fever      |
| <input type="checkbox"/> Allergies              | <input type="checkbox"/> Epilepsy         | <input type="checkbox"/> Pacemaker          |
| <input type="checkbox"/> Seizures               | <input type="checkbox"/> Ulcers           | <input type="checkbox"/> Appendicitis       |
| <input type="checkbox"/> Goiter                 | <input type="checkbox"/> Pleurisy         | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Arteriosclerosis       | <input type="checkbox"/> Heart disease    | <input type="checkbox"/> Gout               |
| <input type="checkbox"/> High blood pressure    | <input type="checkbox"/> Thyroid disorder | <input type="checkbox"/> Polio              |
| <input type="checkbox"/> Chicken Pox            | <input type="checkbox"/> Whooping cough   | <input type="checkbox"/> Asthma             |
| <input type="checkbox"/> Scarlet Fever          | <input type="checkbox"/> Pneumonia        | <input type="checkbox"/> Hepatitis          |
| <input type="checkbox"/> Cancer                 | <input type="checkbox"/> Rheumatic fever  | <input type="checkbox"/> Major Trauma       |
| <input type="checkbox"/> Herpes                 | <input type="checkbox"/> std              |   |
| <input type="checkbox"/> Other (please specify) | <input type="checkbox"/> Surgery          |   |

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



Ache ~~~~~	Numbness =====	Pins & Needles 0000000000	Burning XXXXX	Stabbing //////////
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## Your Lifestyle

Alcohol  Marijuana Stress \_\_\_\_\_ Regular exercise \_\_\_\_\_  
 Tobacco  Drugs Occupational Hazards \_\_\_\_\_ Type \_\_\_\_\_ Frequency \_\_\_\_\_  
 Type \_\_\_\_\_ Frequency \_\_\_\_\_

## General Symptoms

- |  |  |  |   |   |
|--|--|--|---|---|
| <input type="checkbox"/> Poor appetite             | <input type="checkbox"/> Poor sleep            | <input type="checkbox"/> Bodily heaviness    | <input type="checkbox"/> Chills               | <input type="checkbox"/> Bleed or bruise easily     |
| <input type="checkbox"/> Heavy appetite            | <input type="checkbox"/> Heavy sleep           | <input type="checkbox"/> Cold hands & feet   | <input type="checkbox"/> Night Sweats         | <input type="checkbox"/> Peculiar tastes (describe) |
| <input type="checkbox"/> Strongly like cold drinks | <input type="checkbox"/> dream disturbed sleep | <input type="checkbox"/> Poor circulation    | <input type="checkbox"/> Sweat easily         | _____   |
| <input type="checkbox"/> Strongly like hot drinks  | <input type="checkbox"/> Fatigue               | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Muscle cramps        | _____   |
| <input type="checkbox"/> Recent weight loss/gain   | <input type="checkbox"/> Lack of strength      | <input type="checkbox"/> Fever               | <input type="checkbox"/> Vertigo or dizziness | _____   |

## Head, Eyes, Ears, Nose, Throat

- |   |  |  |  |                                      |
|---|--|--|--|--------------------------------------|
| <input type="checkbox"/> Glasses        | <input type="checkbox"/> Night blindness | <input type="checkbox"/> Sores on lips or tongue | <input type="checkbox"/> Recurrent sore throat | <input type="checkbox"/> Headaches   |
| <input type="checkbox"/> Eye strain     | <input type="checkbox"/> Glaucoma        | <input type="checkbox"/> Dry Mouth               | <input type="checkbox"/> Swollen glands        | <input type="checkbox"/> Migraines   |
| <input type="checkbox"/> Eye Pain       | <input type="checkbox"/> Cataracts       | <input type="checkbox"/> Excessive saliva        | <input type="checkbox"/> Lumps in throat       | <input type="checkbox"/> Concussions |
| <input type="checkbox"/> Red Eyes       | <input type="checkbox"/> Teeth Problems  | <input type="checkbox"/> Sinus problems          | <input type="checkbox"/> Enlarged thyroid      | Other head or neck problems          |
| <input type="checkbox"/> Itchy Eyes     | <input type="checkbox"/> Grinding teeth  | <input type="checkbox"/> Excessive phlegm        | <input type="checkbox"/> Nose bleeds           | _____                                |
| <input type="checkbox"/> Spots in eyes  | <input type="checkbox"/> TMJ             | Color of phlegm _____                            | <input type="checkbox"/> Ringing in ears       | _____                                |
| <input type="checkbox"/> Poor vision    | <input type="checkbox"/> Facial Pain     |  | <input type="checkbox"/> Poor hearing          | _____                                |
| <input type="checkbox"/> Blurred vision | <input type="checkbox"/> Gum Problems    |  | <input type="checkbox"/> Earaches              | _____                                |

## Respiratory

- |   |  |                                |   |
|---|--|--------------------------------|---|
| <input type="checkbox"/> Difficulty breathing when lying down | <input type="checkbox"/> Tight chest     | <input type="checkbox"/> Cough | <input type="checkbox"/> Coughing blood |
| <input type="checkbox"/> Shortness of breath                  | <input type="checkbox"/> Asthma/wheezing | Wet or dry? _____              | <input type="checkbox"/> Pneumonia      |
|   |  | Thick or thin? _____           |   |

## Cardiovascular

- |  |   |   |   |  |
|--|---|---|---|--|
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Low blood pressure | <input type="checkbox"/> Chest pain           | <input type="checkbox"/> Tachycardia        | <input type="checkbox"/> Phlebitis           |
| <input type="checkbox"/> Blood clots         | <input type="checkbox"/> Fainting           | <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> Heart palpitations | <input type="checkbox"/> Irregular heartbeat |

## Gastrointestinal

- |   |  |  |                                     |
|---|--|--|-------------------------------------|
| <input type="checkbox"/> Nausea             | <input type="checkbox"/> Diarrhea        | <input type="checkbox"/> Intestinal pain or cramping | Bowel movements                     |
| <input type="checkbox"/> Vomiting           | <input type="checkbox"/> Constipation    | <input type="checkbox"/> Itchy anus                  | Frequency _____                     |
| <input type="checkbox"/> Acid regurgitation | <input type="checkbox"/> Laxative use    | <input type="checkbox"/> Burning anus                | Color _____                         |
| <input type="checkbox"/> Gas                | <input type="checkbox"/> Black stools    | <input type="checkbox"/> Rectal pain                 |                                     |
| <input type="checkbox"/> Hiccup             | <input type="checkbox"/> Bloody stools   | <input type="checkbox"/> Hemorrhoid                  |                                     |
| <input type="checkbox"/> Bloating           | <input type="checkbox"/> Mucous in Stool | <input type="checkbox"/> Anal Fissures               | <input type="checkbox"/> Bad Breath |

## Musculoskeletal

- |   |  |                                     |  |   |
|---|--|-------------------------------------|--|---|
| <input type="checkbox"/> Neck/shoulder pain | <input type="checkbox"/> Upper back pain | <input type="checkbox"/> Joint pain | <input type="checkbox"/> Limited range of motion | <input type="checkbox"/> Other (describe) |
| <input type="checkbox"/> Muscle pain        | <input type="checkbox"/> Low back pain   | <input type="checkbox"/> Rib pain   | <input type="checkbox"/> Limited use             | _____                                     |

## Skin and Hair

- |                                      |                                    |                                    |  |                          |
|--------------------------------------|------------------------------------|------------------------------------|--|--------------------------|
| <input type="checkbox"/> Rashes      | <input type="checkbox"/> Eczema    | <input type="checkbox"/> Dandruff  | <input type="checkbox"/> Change in hair/skin texture | Other hair/skin problems |
| <input type="checkbox"/> Hives       | <input type="checkbox"/> Psoriasis | <input type="checkbox"/> Itching   | <input type="checkbox"/> Fungal infections           | _____                    |
| <input type="checkbox"/> Ulcerations | <input type="checkbox"/> Acne      | <input type="checkbox"/> Hair loss |  | _____                    |

## Neuropsychological

- |                                   |                                      |  |   |                 |
|-----------------------------------|--------------------------------------|--|---|-----------------|
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Poor memory | <input type="checkbox"/> Irritability    | <input type="checkbox"/> Considered/attempted suicide | Other (specify) |
| <input type="checkbox"/> Numbness | <input type="checkbox"/> Depression  | <input type="checkbox"/> Easily Stressed | <input type="checkbox"/> Seeing a therapist           | _____           |
| <input type="checkbox"/> Tics     | <input type="checkbox"/> Anxiety     |  |   |                 |

## Genito-Urinary

- |   |   |   |   |  |
|---|---|---|---|--|
| <input type="checkbox"/> Pain on urination  | <input type="checkbox"/> Blood in Urine       | <input type="checkbox"/> Venereal disease | <input type="checkbox"/> Increased Libido | <input type="checkbox"/> Impotence             |
| <input type="checkbox"/> Frequent urination | <input type="checkbox"/> Unable to hold urine | <input type="checkbox"/> Bedwetting       | <input type="checkbox"/> Decreased Libido | <input type="checkbox"/> Premature ejaculation |
| <input type="checkbox"/> Urgent urination   | <input type="checkbox"/> Incomplete urination | <input type="checkbox"/> Wake to urinate  | <input type="checkbox"/> Kidney stone     | <input type="checkbox"/> Nocturnal emission    |

## Gynecology

- |                                    |  |  |   |   |
|------------------------------------|--|--|---|---|
| Age Menses began _____             | Duration of flow _____                     | <input type="checkbox"/> Vaginal discharge (color) _____ | <input type="checkbox"/> Breast lumps _____     | <input type="checkbox"/> Date of last PAP _____ |
| Length of cycle (day 1 to 1) _____ | <input type="checkbox"/> Irregular periods | <input type="checkbox"/> Vaginal sores                   | # pregnancies _____                             | Date last period began _____                    |
|                                    | <input type="checkbox"/> Painful periods   | <input type="checkbox"/> Vaginal odor                    | <input type="checkbox"/> Live births _____      |   |
|                                    | <input type="checkbox"/> PMS               | <input type="checkbox"/> Clots                           | <input type="checkbox"/> Premature births _____ |   |
|                                    |  |  | Age at Menopause _____                          |   |

Other \_\_\_\_\_

## Stop Here

Pulse: \_\_\_\_\_ Tongue \_\_\_\_\_

Other: \_\_\_\_\_

Dx: \_\_\_\_\_

Points \_\_\_\_\_

Tx Plan: \_\_\_\_\_/ Week  Based on medical necessity  As prescribed by PTP  As long as symptoms  Maintenance

Modalities:  Acupuncture  E-Stim  I/R  Mech. Tract.  Man Therapy  Cupping  Ther/exer

Short term goals: ↓Mms Spasm ↓ Inflammation ↑ROM ↓Pain

Long term goals: ↑Function ↑Strength ↑Balance ↑Stability

Herbs/Formulas: \_\_\_\_\_

Refer to  Chiro  Ortho  Neuro  Internist  Opth  Other \_\_\_\_\_